

Lice Treatment Checklist

- _____ Check all members of the family for lice or nits.
- _____ Apply lice treatment to dry hair, following instructions exactly
- _____ Remove all nits (continue combing hair with nit comb **daily** for the next 7 days).
- _____ Delouse combs, brushes, head bands, hats, etc., by soaking for 1 hour in rubbing alcohol, Lysol solution, or wash with soap and hot water (130 degrees F).
- _____ Vacuum upholstered furniture and carpeting, throw out sweeper bag or clean collection cup with Lysol solution ($\frac{1}{4}$ cup concentrated Lysol to 1 gallon warm water). Lysol spray is not effective.
- _____ Wipe down all surfaces with a rag dampened with Lysol solution.
- _____ Wash sheets, pillow cases, and clothing in hot water.
- _____ Hot dry or dry clean blankets, bedspreads, etc.
- _____ Place stuffed animals or toys that can't be wiped down into a trash bag. Close bag and leave for 2 weeks.
- _____ Wipe down the car upholstery, and car seats with Lysol solution.
- _____ Inform school and parents of others in contact with your child.
- _____ Retreat in 7 days.
- _____ Inspect hair every three days during lice season or during lice alerts.